

CHINA VACATION

T17E



YUNNAN, SHANGRI-LA & THE ROOF OF THE WORLD-TIBET – 17 DAYS

Guangzhou, Kunming, Dali, Lijiang, Shangri-La, Tsetang, Lhasa and Panyu



TOUR HIGHLIGHTS:

- Kunming: Stone Forest, and Grandview Pavilion,
- Jiu Xiang: Jiuxiang Karst Caves
- Dali: Ancient Town, Nanzhao Island, and Three Pagodas
- Lijiang: Yulong Snow Mtn, Black Dragon Pool, Ethnic dance performance
- Shangri-La: First Bend of the Yangtze River, Tiger Leaping Gorge
- Tsetang: Yalu Tsangpo River Ferry, Yumbu Lukhang, Samye Temple, Lake Yamdrok
- Lhasa: Tibet Museum, Potala Palace, Norbu Lingka, Barkhor Street, Sera Temple
- Panyu: Yuyin Garden

MEALS:

- 40 meals: 15 breakfasts (B)
- 14 lunches (L)
- 11 dinners (D)

SPECIAL CUISINES:

- Kunming: Over-the-bridge Noodles
- Dali: Deluxe Local Cuisine
- Lijiang: Lijiang Cuisine
- Lhasa: A La Carte (Lhasa Hotel only)
- Panyu: Local Cuisine

Hotels:

- Kunming: Empark Grand Hotel (Deluxe)
- Dali: Regent Hotel (Superior class)
- Lijiang: Guanfang Hotel (Deluxe)
- Shangri-La: Paradise Hotel (Superior Class)
- Tsetang: Tsetang Hotel (First Class)
- Lhasa: Xinding Hotel (Deluxe)
- Panyu: Nansha Grand Hotel (Deluxe)

*China Vacation reserves the right to use other same-level hotels if necessary.

*Please refer to "Information and Booking Conditions" for more details.

Day 1: USA →
Board your transpacific flight.

Day 2: On Route →

Day 3: Guangzhou → Kunming (4,800 ft)
Fly to Kunming, capital city of Yunnan Province. It's mild climate and year-round blossoms have earned it the nickname of The Spring City. This evening you will enjoy over-the-bridge rice noodles, a local specialty. Stay overnight in Kunming. (B/L/D)

Day 4: Kunming → Stone Forest → Jiu Xiang → Kunming

This morning take a coach to Stone Forest. When seen from a distance, this vast area of jagged stones dotted with green trees and colorful flowers present the look of a unique forest. Viewed up close, the oddly shaped rocks seem to take on a life of their own. Allow your imagination to give life and breath to these unforgettable rock formations. Visit the Karst caves in Jiu Xiang to see the impressive karst water-eroded caves. Return to Kunming and stay overnight. (B/L)

Day 5: Kunming → Dali (5,400 ft)

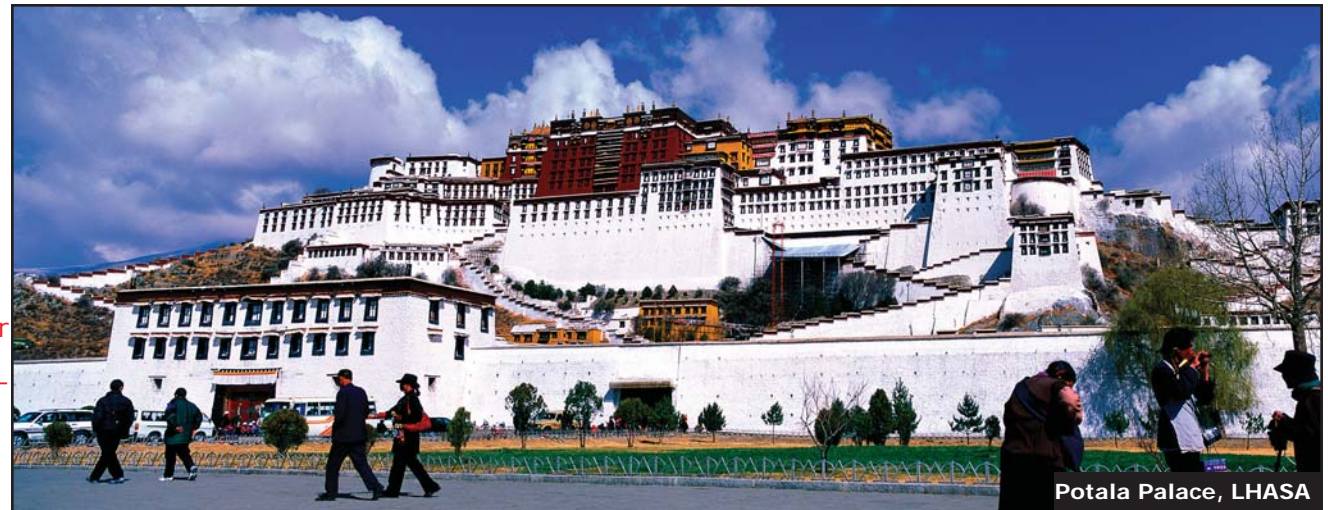
Take a coach to Dali, a city in western Yunnan. You will visit the Three Pagodas at the Chongsheng Temple. Constructed during the Tang Dynasty (618 -907), the temple is one of the finest examples of the architectural genius of ancient craftsmen. Additionally, it holds a special place in Hong Kong author Jin Yong's swordsmen novels. This evening you will be treated to a special dinner featuring boiled terrine fish. Stay overnight in Dali. (B/L/D)

Day 6: Dali →

Today's sightseeing begins with a boat excursion on Lake Erhai—the second largest fresh-water lake in Yunnan Province. Then visit Nanzhao Island, a summer resort during the Kingdom of Nanzhao. Visit the old town of Dali in the afternoon. (B/L/D)

Day 7: Dali → Lijiang (6,300 ft)

Travel by coach to Lijiang. On the way, you'll stop at a small city called Dayan. This ancient city has been well preserved. The flowing creeks and drooping willows impart a great sense of tranquility. This evening you will enjoy ethnic dance performance



Potala Palace, LHASA

this evening. Stay overnight in Lijiang. (B/L/D)

Day 8: Lijiang ➊ Yulong Snow Mountain (13,500 ft)- Lijiang

Here is the well-preserved ethnic culture of Naxi nationality. Ancient Naxi people used written records and pictographs to pass their culture from generation to generation. Continuing the bus tour, you will catch your first glimpse of Jade Dragon Snow Mountain. Standing at 18,260 ft., Jade Dragon has never been conquered by man. But you can take a cable car up, which presents a magnificent view of green grasslands, tall firs, and glittering snow. Return to the city to visit the Black Dragon Pool. (B/L)

Day 9: Lijiang ➋ First Bend of Yangtze River ➌ Tiger Leap Gorge ➍ Shangri-La (9,000 ft)

The day begins with a stop at Tiger Leap Gorge. It is 12 miles long with a natural drop of 623 feet. Water cascades through the gorge with a thunderous roar. The difference in height between Jade Dragon Peak and the riverbed is 12,792 feet. About 25 miles from the city of Shangri-La, you'll come upon the Shangri-La Grassland. In May and June, the whole grassland presents a glorious view, covered as it is with azalea flowers. This is the place depicted as the mythical Shangri-la in James Hilton's Lost Horizon. Stay overnight in Shangri-La. (B/L/D)

Day 10: Shangri-La ➎ Tsetang (9,600 ft)

Take a morning flight to Lhasa, Tibet and travel by coach for a two-hour ride to Tsetang. The road takes you along the Yalu Tsangpo River through rural Tibet. Upon arrival, a good rest is a must for everyone to adjust to the high altitude of Tibet. you will visit Yumbu Lukhang, Tibet's first monastery. It stands on the top of a hill in the Yalong Valley. Some 32 kings of the Tubo Dynasty resided here. Stay overnight in Tsetang. (B/L/D)

Day 11: Tsetang ➏

Today, take a ferry across the Yalu Tangpo River to visit Samye Lamasery, which is known for the footprints of Lotus Buddha and a Buddhist scripture recorded in the Tibetan language. With close connections to the late Dalai Lamas, the temple is reputed to have been a place of rest and refreshment for the Buddha. Stay overnight in Tsetang. (B/L/D)

Day 12: Tsetang ➐ Lake Yamdrok (14,400 ft) ➑ Lhasa (12,050 ft)

Your visit to Lake Yamdrok is one of the high-lights of this tour. This beautiful lake reflecting snow-capped peaks is unforgettable. The next stop is Lhasa, capital of Tibet. Visit the Tibet Museum and Norbu Lingka—Summer residence for the Dalai Lamas. Stay overnight in Lhasa. (B/L/D)

Day 13: Lhasa ➒

No other place represents Lhasa better than the grand and imposing buildings of Potala Palace. Built in the 7th century, it contains 999 rooms. Formerly the home of the Dalai Lama, it now houses various halls dedicated to the Buddha, Tibetan Scripture and Tibetan history. You can take a group photo here. (B/L/D)

Day 14: Lhasa ➓

Visit Sera Temple and Barkhor Street, both located in the heart of the city. Barkhor Street is the oldest street and market in Lhasa. Numerous shops offer arts and crafts for souvenir hunters. A nearby temple attracts worshipers by reciting prayers and performing religious rites. The Lamas used to sit and debate scripture and its meaning. (B/L)

Day 15 Lhasa ➔ Guangzhou ➑ Panyu

Fly to Guangzhou and then travel to Panyu city. Take a good rest. You will taste the local cuisine for dinner. (B/L/D)

Day 16: Panyu ➑

Visit Yuyin Garden. It was built in 1867 in the Qing Dynasty. The house is enjoyed for its small, exquisite design, which incorporates the characteristics of the garden architecture of Suzhou and Hangzhou. (B/L/D)

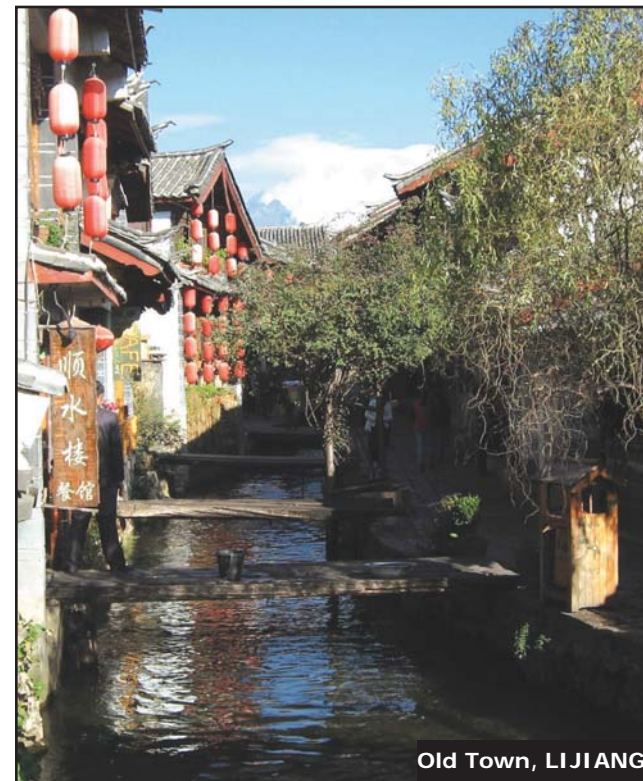
Day 17: Panyu ➑ Guangzhou ➔ USA

Board your plane and fly back to the USA via Guangzhou. (B)

* Some destinations of this program are located at an altitude of 5,500 ft or higher, visitors with high blood pressure, or any respiratory or heart ailment are advised to consult their doctors before application. They are expected to understand the risks that are involved. It would be best if they reconsider their travel plan.

DEPARTURE DATE & TOUR PRICES (T17E)				
YEAR 2010	Departure Date	Return Date	Land only Prices	Single Room
May	05/16	06/01	\$3,399	\$900
Jun	06/27	07/13	\$3,399	\$900
Aug	08/22	09/07	\$3,399	\$900
Sep	09/05	09/21	\$3,499	\$900
	09/19	10/05	\$3,499	\$900
Oct	10/10	10/26	\$3,499	\$900

- * Land only prices include China domestic air ticket, tax, and fuel charge
- * Children under 11 years of age can share a room with two adult but will not be provided with an extra bed. Their price is 75% of adult price.



Old Town, LIJIANG

We service: Hotels booking in Tibet & Permit of Tibet

Web site: www.china-vacation.com